



# DERMACARE

AESTHETIC & LASER INSTITUTE

## PRICE LIST & BROCHURE

### 2012



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# Facial Treatments

Visia.....	4
Botox.....	5
Soft Fillers.....	5
Facial Anti-Ageing Treatments.....	6
Microneedling .....	6
Mesotherapy .....	6
Chemical Peels .....	7
IPL-Palomar Laser Treatments .....	8
Permanent Hair Removal .....	8
Skin Rejuvenation .....	8
Pigmented Lesions .....	8
Freckles & Sunspots .....	8
Vein Removal .....	9
Deep Infra Red Skin Tightening.....	9
<b>*</b> <b>NEW</b> – Non Ablative Erbium Fractional Laser.....	9

# Body Treatments

Body Sculpting .....	10
Ultrashape – Non-invasive liposuction .....	10
Lipolysis – Fat dissolve injections.....	11
Mesotherapy – Cellulite.....	11
Liposlim.....	11
Micro-needling – Stretch Marks.....	12
Removal of Unwanted Skin Lesions.....	13
Sclerotherapy – dissolving of reticular/feeding veins.....	13
IPL-Palomar Laser Treatments .....	14
Permanent Hair Removal .....	14
Pigmented Lesions & Sunspots.....	14
Vein Removal .....	15
Deep Infra Red Skin Tightening.....	15
<b>*</b> <b>NEW</b> – Non Ablative Erbium Fractional Laser.....	15

**b** Therapy or treatment is suitable for Black Skin

# Facial Therapy

Therapist Peels.....	16
Neostrata .....	16
Nimue.....	17
Microdermabrasion.....	16
Nimue Facials .....	18
Micro-needling.....	18
Epilation .....	19
Waxing .....	23
Eyes.....	24
Lash Extensions.....	24
Tints & Shapes .....	24
Make-Up .....	24
Permant Make-Up .....	24

# Body Therapy

Endermologie / Silhouette .....	20
Proellixe .....	21
Relaxing Therapy.....	21
Massage	
Far Sauna Blanket.....	22
Body Wraps .....	22
Manicure .....	22
Pedicure.....	22
Mediheal Pedicure	
Classic Pedicure	
Combo	
Waxing .....	23
Nails by Jodine .....	23
Tanning.....	24



Therapy or treatment is suitable for Black Skin



# Facial Treatment

## **b** VISIA COMPLEXION ANALYSIS ..... R200-00

The first step to your most radiant complexion! Identify your skin's condition for facial rejuvenation and skin care, both surface & subsurface. With Visia's precise analysis of various features which affect your complexion, your skin care professional can create a realistic and accurate treatment plan.

Based on your individual complex analysis, your facial rejuvenation treatment plan will include specific recommendations, for optimum skin care health. VISIA complexion analysis allows you to monitor the effectiveness of your customised treatment plan as well as visually evaluate your skin's vitality and health status.



*facial treatment facial treatment*

**b BOTOX®**

BOTOX® is a popular, non-surgical treatment for cosmetic enhancement. It is particularly effective in reducing frown lines, horizontal forehead lines and wrinkles around the eyes ( "Crow's feet"). BOTOX® is injected into strategic muscles to cause focal muscle relaxation, which in turn soften lines and wrinkles. Results may vary. BOTOX® can be performed every 4 – 6 months to help maintain results.

DOCTOR'S CONSULTATION FEE .....	R250
Eyebrow lifts .....	R880
Eyes: 'crow's feet' .....	R1760
Forehead: horizontal lines .....	R1540
Frown: vertical lines.....	R1760-R2200
Sad or Smoker's lines .....	R880
Neck: vertical lines .....	R2915
Nose 'Bunny' lines.....	R880
Hyperhidrosis – excessive sweating (±100 units).....	R7500
Hyperhidrosis – additional units .....	R75/unit

**b SOFT TISSUE FILLER INJECTIONS****Restylane / Juvederm**

These injections enhance lips, smooth wrinkles and folds around the mouth. Filler injections also plump out/smoothe out fine lines on the forehead/frown & around the mouth. Immediate results can be seen. Results last between 6-9 months.

DOCTOR'S CONSULTATION FEE .....	R250
Restylane.....	R3600
Restylane Perlane.....	R3600
Restylane Vital.....	R2530
Juvederm 2.....	R3300
Juvederm 3.....	R4400
Juvederm 4.....	R4400
Cannula .....	R275





## **FACIAL ANTI-AGEING TREATMENTS**

### **b 1. Facial Medical Micro-needling**

Microneedling is performed with a LAMELLE Derma Roller after which DermaHeal Serum (containing growth factors) is applied. This treatment stimulates elastin and collagen induction, which plump out wrinkles as well as create traction (pulling effect).

DOCTOR's CONSULTATION FEE .....	R250
Derma roller treatment.....	R750
Roller .....	R2000

*Recommendation for optimal results: a course of 4 treatments, 4-6 weekly intervals.*

### **b 2. Facial Mesotherapy**

#### **NCTF 135HA – deep epidermal stimulation**

A cocktail of vitamins , minerals and Hyaluronic Acid injected into the epidermis through micro-needle.

#### **DermaHeal HSR Serum – deep dermal stimulation**

A cocktail of vitamins , minerals and Hyaluronic Acid injected into the mesoderm through a cannula.

DOCTOR's CONSULTATION FEE .....	R250
Face / Décolleté / Hands.....	R605

*Recommendation for optimal results: a course of 4-6 treatments, 2-weekly intervals.*

#### **Lipolysis – Fat dissolving injections**

DOCTOR's CONSULTATION FEE .....	R250
Double Chin per ampoule .....	R785

*Recommendation for optimal results: a course of 2-3 treatments, 4-weekly intervals.*

### 3. Medical Peels/Abrasion

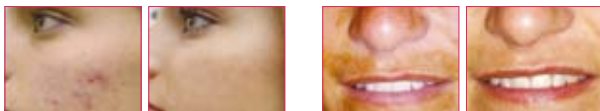
#### **b** Chemical Peel

Chemical peeling is a method of resurfacing the skin by a process in which chemicals are applied to the skin in order to obtain an alteration in the superficial and medium layers of the skin (Epidermis and Dermis). This produces a controlled and predictable chemical injury to the skin. After healing the result is a smoother and firmer skin texture with a youthful and less wrinkled appearance. Chemical peels will induce collagen remodelling also help to improve photo (sun) damage, pigmentation abnormalities and scarring. It is helpful for those individuals with facial blemishes, wrinkles and uneven skin pigmentation. Peels can be divided into three categories depending upon the depth of the wound created by the peel.

#### **Nimue TCA 20% Peels (Medium to Deeper Peel)**

In the case of a 20% TCA chemical peel, recovery time is between 6-10 days. A mild amount of redness will persist for a few hours and peeling usually begins around the third day after treatment, and is completed by the 7th day or so.

DOCTOR'S CONSULTATION FEE .....	R250
Peel.....	R1970
Pre & Post care products are compulsory .....	R2000



#### **b** Lamelle Beta Peels

These peels will be performed to improve the appearance of skin at the area of treatment. Salicylic acid peels are used to improve acne vulgaris, hyperpigmentation (dark spots), rough texture, oily skin, and photo (sun) damage. An excellent treatment for Ethnic skin.

Pre product.....	POR
20% peel .....	R485
30% peel .....	R550
TCA spot treatment 15% add on .....	R50-R200

#### **Treatment prescription:**

*Pre product use, twice a day for two weeks before receiving the peel. Four weeks preparation for darker skin types. Peels are performed at 2-weekly intervals and a course of 4-6 treatments is recommended.*

**b Neostrata Peel (Superficial Peel to Deeper Peel- wounding to entire epidermis and to upper reticular dermis)**

Neostrata is a glycolic acid peel which is a specific technique for skin renewal. During this process, a high concentration of glycolic acid is applied to the skin for a short period of time and then chemically neutralized to end the process.

This rapidly removes the damaged layer of the surface skin cells revealing fresh skin. Stimulating cell rebuilding and restructuring of deeper skin layers will result in a smoother appearance, healthier, plumper and tighter skin.

50% & 70% peels administered by Medical personnel ....R500  
Preparation and home products are compulsory .....POR

*Recommendation: Treatment course of 4-6 treatments.*



**IPL LASER TREATMENTS (Palomar Medical Laser)**

**Affordable packages available for more than one area or prepaid treatments.**

**Permanent hair removal**

Hair has three phases of growth; during every treatment the hair in the active growth phase will be eliminated. Depending on the individual and the strength of hair growth clients may require between 6 and 12 treatments at monthly intervals.

Cheeks / Jaw line .....R550  
Lip / Chin .....R450

**Photo Facial - Photo Skin rejuvenation**

LUX G clears vascular and pigmented lesions. Dramatic results in the treatment of wrinkles & uneven skin-tone, improves elasticity.

Full face .....R880  
Full face & Neck .....R1570  
Décolleté / Neck .....R750

**Pigment lesions, sunspots, freckles etc**

LUX G gives dramatic results in the treatment of pigmentation, age spots & freckles. Also effective in vein removal, rosacea,

telangiectasias, hemangiomas, sun damage, melasma, poikiloderma and angiomas on the face and other body areas.

Face spots..... R600-R800  
Neck spots ..... R600

### Vein removal

Lux G gives dramatic results in the treatment of vein removal, rosacea, telangiectasias, hemangiomas, sun damage, melasma, poikiloderma and Angiomas on the face.

Cheeks veins ..... R500-R1000  
Nose / chin veins..... R400-R600

### Infrared Skin Tightening with LUX I.R.

LUX I.R. (infra-red) skin tightening is a deep heating of the skin. Collagen in the skin on the face and neck is remodeled with long term effects. Any sagging skin including stomach, upper arms and inner legs can be treated.

Face..... R1330  
Face & Neck ..... R2420  
Neck / Décolleté ..... R1210



### Palomar Non-Ablative Erbium Fractional Laser

#### Treatment conditions:

**Moderate Correction** for Melasma, Photodamage, Superficial Roughness. **Deep Correction** for Acne Scars, Surgical scars, Striae/stretch marks.

Moderate Correction (see conditions above) ..... R4125  
Surgical Scars ..... R950  
Traumatic scars ..... R925





# Body Treatment

## **b** ULTRASHAPE

### **Ultrasound Fat Removal and Body Contouring.**

A non-surgical method of removing unwanted fat deposits with ultra-sound waves. Removes fat deposits resistant to diet and exercise. Fat cells are permanently destroyed. It is a safe, affordable, pain free alternative to liposuction.

Treatments packages consist of 3 treatments at 2 week intervals.

1st Treatment .....	R6.60 per pulse
2nd Treatment .....	R5.50 per pulse
3rd Treatment .....	R4.40 per pulse

*Areas to be treated: abdominal, saddle bags, love handles, back & banana rolls. Average of 600 - 900 pulses per area.*



**b LIPOLYSIS – FAT DISSOLVING INJECTIONS**

Lipolysis is the practice of injecting fat dissolving solution and vitamins into resistant fatty deposits, in the middle layer (13mm) of skin. This procedure results in the permanent rupture of fat cells.

DOCTOR’S CONSULTATION FEE .....R250  
Double Chin.....R785 per ampoule  
Body fat deposits .....R785 per ampoule

50% Deposit required

*Recommendation: a course of 3-4 treatments at 4-8 weekly intervals.*

**b MESOTHERAPY – CELLULITE**

Is the practice of using micro-injections into the middle layer (6mm) of the skin for the rejuvenation of skin or for breaking down cellulite in the body.

DOCTOR’S CONSULTATION FEE .....R250  
Body Cellulite .....R785 per ampoule

50% Deposit required

*Recommendation: a course of 4-6 treatments at 4-weekly intervals.*



**b LIPO SLIM MEDICAL WEIGHT-LOSS PROGRAMME**

Lose 2-3kg per week with the help of this scientific programme. The programme includes supplements and injections. An individualised eating plan and personal attention promises great results. It encourages the adoption of a healthy life style. Clients are followed up three times weekly, which creates the opportunity for personal attention to a client’s progress. Excellent results are achieved when this programme is used in combination with ULTRASHAPE, Silhouette and Proellixe treatments.

3 Week Programme .....R800  
6 Week Programme.....R1400  
Personalised maintenance programme available

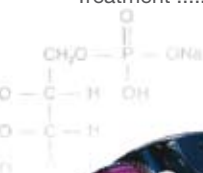


### **b III. COLLAGEN INDUCTION THERAPY – MEDICAL MICRONEEDLING**

Stretch marks or scars are treated with a medical roller. Derma roller's Microneedling dramatically stimulates cell regeneration and proliferation of fibroblasts. Fibroblasts produce Collagen, which plumps out stretch marks and scars. Unlike any ablative method there is no risk of pigment loss, especially on Ethnic skin. The treatment is simple. After application of a topical anaesthetic on the affected skin area, the treatment procedure lasts about 30-60 minutes.

Stretch marks are caused by skin stretching during rapid growth in puberty, pregnancy and weight gain. This over stretching results in skin ruptures that finally transform into scars. New stretch marks appear as reddish to purple irregular lines and gradually fade to a white or silverish colour, and are permanent.

DOCTOR'S CONSULTATION FEE .....	R250
Derma roller (stretch marks) .....	R2000
Treatment .....	R850
Derma Stamp (scars).....	R400
Treatment .....	R450



*body treatment body treatment*

**REMOVAL OF UNWANTED SKIN LESIONS**

Unattractive skin lesions like moles, uneven rough skin (actiaic keratosis), and warts on any parts of your body can spoil your appearance or cause discomfort. These lesions can easily be removed non-surgically and with little discomfort. Talk to our doctor about the possibilities.

DOCTOR’s CONSULTATION FEE .....R250

- Crytherapy - Freezing of lesions
- Cauterisation - burning of lesions
- Excision of a lesion

Quotation by doctor.

**SCLEROTHERAPY VEIN TREATMENT**

Sclerotherapy is a medical procedure used to treat smaller veins (1-3mm in diameter) and “spider veins”. Sclerotherapy involves the injection of a solution directly into these veins, causing them to collapse.

The solution irritates the lining of the vessel, causing it to swell and stick together, and then the blood forms a clot. Over time, the vessel turns into scar tissue that fades from view. The introduction of Sclerosing agents are mild enough to be used in small veins and have made sclerotherapy predictable and relatively painless.

DOCTOR’s CONSULTATION FEE .....R250  
 Sclero treatment.....R1815  
 Sclero medical stockings – compulsory.....R440  
 50% deposit is required



## IPL LASER TREATMENTS – PALOMAR MEDICAL LASER

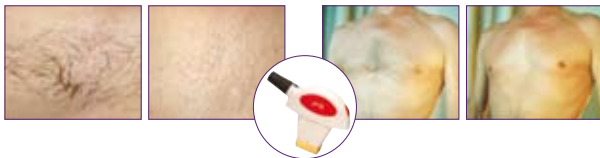
### Permanent hair removal

#### Ladies

Full arm.....	R1452
Half arm .....	R965
Under arm .....	R600
Full bikini .....	R1210
Bikini line (3cm) .....	R715
Brazilian.....	R880
Full leg .....	R2420
Half Leg .....	R1430
Tummy.....	R600

#### Men

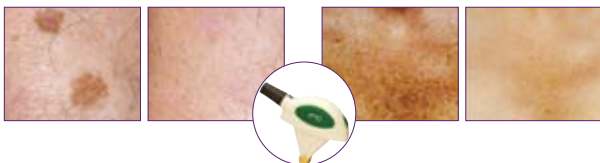
Full Back.....	R2660
Half Back .....	R1465
Back of Neck.....	R800
Chest .....	R1540
Ears .....	R440
Shoulders .....	R610



### Pigmented Lesions, Sunspots & Freckles

LUX G gives dramatic results in the treatment of pigmentation, age spots & sunspots.

Full arm.....	R2420
Half arm .....	R1450
Hands.....	R800



**ND-JAG Vein Removal**

ND-JAG - Intense energy of the laser penetrates and coagulates the vein and destroys it. The amount of veins determine the price of the treatment.

Leg veins .....R700 – R3000



**Skin Tightening**

LUX I.R. (infra-red) skin tightening is a deep heating of the skin, collagen in the skin is remodelled with long term effects.

Tummy .....R2750

Upper arms.....R1815



**Palomar Non-ablative Erbium Fractional Laser**

**Treatment conditions:**

**Moderate Correction** for Photodamage, Superficial Roughness.

**Deep Correction** for Acne Scars, Surgical scars, Striae/stretch marks.

Surgical Scars ..... R950-00

Traumatic scars ..... R925-00

*Recommendation: a course of 4-6 treatments at 4-6-weekly intervals.*



Pigmentation on arm

Scar on feet



# Beauty Therapy

## I. THERAPIST PEELS

### **b** **NEOSTRATA PEEL** (Superficial Peel to Deeper Peel – wounding to entire epidermis and to upper reticular dermis)

Neostrata is a glycolic acid peel which is a specific technique for skin renewal. During this process, a high concentration of glycolic acid is applied to the skin for a short period of time and then chemically neutralized to end the process.

This rapidly removes the damaged layer of the surface skin cells revealing fresh skin. Stimulating cell rebuilding and restructuring of deeper skin layers will result in a smoother appearance, healthier, plumper and tighter skin.

20% & 35% peels administrated by Senior Therapist .....R485

*Recommendation: Treatment course of 4-6 treatments at 4 weekly intervals*

### **b** **MICRODERMABRATION**

A jet of micro crystals is propelled across the skin's surface which removes dead skin cells and scarred tissue. Effective in the treatment of fine wrinkles, acne scarring, hyper pigmentation, sun damaged skin, stretch marks and on the hands.

PEPITA MICRODERMABRATION Facial .....R320  
Nimue Deep Cleanse facial, with 5 min micro-dermabrasion treatment.

PEPITA Treatment.....R200

## **b NEW! NIMIUE ADVANCE FADING /CORRECTIVE SYSTEM**

1. Penta Salaic Peel .....POR

Control development of breakouts in focal areas. Rapid improvement of pustular condition. Prevention of acne scarring and increase of overall skin health.

2. Bio Lacto Peel .....POR

Removal of excess pigment of skin & more even skin colour. Depigmentation of the skin.

*Recommendation: Treatment course of 4-6 treatments*

## **b NIMIUE ADVANCED REJUVENATED TREATMENT 7.5%TCA**

BIO ACTIVE in combination with 7.5% TCA is applied for deeper exfoliation resulting in a smoother texture and lighting of pigmentation.

Peel.....R400

*Recommendation: two weekly courses of 6-12.*

## **NIMIUE ADVANCED REJUVENATED TREATMENT 35% GLYCOLIC PEEL**

**(Superficial peel - wounding to level of stratum spinosum)**

35% Glycolic treatment indicated for environmentally damaged, hyper pigmented and problematic skin classification. The glycolic peel treatment provides controlled and predictable removal of skin cells, to improve the texture and the appearance of the skin.

Peel.....R360

*Recommendation: Weekly or 2 weekly courses of 6-12 treatments. Course can be repeated twice per year.*

## **b NIMIUE ADVANCED REJUVENATED TREATMENT – CHEMIBRASION**

A slow peeling treatment mask – contains retinol, mandelic and sylicylic acid. A softer pH of 4 allows a comfortable and gradual release of active ingredients leaving the skin refined and radiant with a firm appearance. Highly effective for hyper pigmented and photo damaged skin.

Peel.....R850

Maintance Complex: Preparation product .....POR

## II. THERAPIST FACIALS

**NIMUE SKIN TECHNOLOGY** is about people with a passion and drive for skin care excellence. Nimue is a derma cosmoceutical skin care product which contains active ingredients capable of delivering visible changes, enhancing the skin's ability to heal and correct challenging skin conditions such as environmentally damaged, hyperpigmented, problematic and ageing skin with result orientated skin programmes. The following can be expected from Nimue's skin programmes: Increased restoration of the skin's natural radiance, vitality and elasticity. A reduction in fine lines & wrinkles for a younger, healthier-looking skin. Alleviation of excessive dryness or oiliness, improvement of hyper pigmentation & problematic skin and refinement of skin texture.

### NIMUE MICRONEEDLING FACIAL TREATMENT

MICRONEEDLING AND TDS – NIMUE .....R715

The skin renewal micro needling roller with fine needles produces microscopic channels for the deep penetration of the transdermal solutions (TDS) and also stimulates the production of new collagen. Other than injectable collagen the results are long lasting and natural. Restoration of skin plumpness, mild acne scarring, sun damage and uneven texture. Treatment done by advanced Nimue therapist.



## **b** NIMUE FACIAL TREATMENTS

NIMUE ALPHA LIPOIC MAINTANCE TREATMENT .....R385

This super antioxidant treatment helps improve skin elasticity, tone and texture. Design to treat sun damaged, environmentally damaged and hyperpigmented skin types.

*Recommendation: a course of 6 treatments at weekly intervals.*

NIMUE BIO ACTIVE TREATMENT .....R340

BIO ACTIVE COMPLEX is applied for a radiant, smoother texture and lightning of pigmentation.

*Recommendation: two weekly courses of 6-12 treatments.*

NIMUE YOUTH TREATMENT .....R240

Cleanse, tone, exfoliate, extraction, high-frequency, mask, SPF 20.

**NIMUE DEEP CLEANSE TREATMENT .....R245**

This deep cleanse treatment provides instant results with a power cleanse, steam, extractions, healing treatment masque, high-frequency and mask, SPF 20.

**NIMUE MAINTENANCE TREATMENT WITH MASSAGE ...R275**

A Specialised pampering treatment customised to the client's specific skin needs with all the essentials included. Designed to treat environmentally damaged, acne prone skin and hyperpigmented skin types. A monthly "pamper" treatment.

**NIMUE MEN'S FACIAL OR BACK TREATMENT .....R250**

Cleanse, tone, exfoliate, extraction, high-frequency, mask, SPF 20.

**NIMUE EYE TREATMENT .....R200**

This professional treatment is specifically designed for the delicate eye area. Collagen enriched eye mask to maintain youthful appearance and intense deep hydration.

**NIMUE LUNCHTIME FIRMING & HYDRATING TREATMENT**

.....R330

An innovative, luxurious and multi functional rejuvenation treatment preventing expression lines between the age of 35 to 45 with a fast acting anti-wrinkle and soothing effect on existing lines and for all environmental damaged skin classifications. SKIN REFIRMER (Botox in a bottle) is applied to give immediate tightening effect.

*Recommendation: treatments every 4-6 weeks.*

**EPILATION- HAIR REMOVAL**

Electrical epilation is the permanent removal of unwanted hair. This is brought about by the distraction of the lower third of the follicle, through the application of an electrical current. The current used may be radio or High frequency, direct or Galvanic, or a combination of the two currents, referred to as Blend. Any person who has a problem with, or embarrassed by stubborn light or grey hair may benefit from this treatment.

Needle .....R55

Treatment session .....R6 per min



# Body Therapy

## **b** SILHOUETTE Cellulite Treatment (Similar to Endermologie)

Lose centimeters and cellulite effectively with Silhouette treatments. By means of motorised roller and powerful suction motion, blood flow and lymph drainage are improved dramatically. The stimulation of fibroblasts will cause the elastin and collagen in the skin to increase, leaving it smooth and firm. Photos and measuring are included.

Single Treatment (35min) ..... R240

Full Course of 14 Treatments ..... R3000



**b PROELLIXE Vibration Therapy****10 Minutes Vibration Therapy = 1 Hour in the Gym!**

This machine vibrates at different frequencies sending impulses and vibrations through the body, contracting muscles and stimulating blood and lymph circulation. This anti-aging treatment speeds up cell metabolism and is effective in muscle toning, remodeling of the body, cellulite treatment, weight loss, enhancing skin and tissue elasticity, relaxing of muscles, and improved bone density (osteoporosis), etc.

Course of 20 x 10min Sessions.....R965

**b DEEP TISSUE MASSAGE**

The sessions are often quite intense as a result of the deliberate, focused work. When a client asks for a massage and uses the term “deep tissue”, more often than not the client is seeking to receive a full-body session with sustained deep pressure throughout.

Back + Neck .....R240

Full Body .....R360

**b HOT STONE MASSAGE**

Hot stone massage is a variation on classic massage therapy. Heated smooth, flat stones are placed on key points on the body. The massage therapist may also hold the stones and use them to massage certain areas of the body

Back + Neck.....R300

Full Body .....R460

Aroma oil blends can be used

**b INDIAN HEAD MASSAGE**

Scalp and Shoulder Massage .....R240

**b REFLEXOLOGY TREATMENTS**

Session.....R250

## **b** LYMPH DRAINAGE TREATMENT

Lymphatic drainage is a holistic approach to promoting a healthy lymphatic system. Lymphatic drainage is a type of therapy that is intended to help the body produce a free-flowing lymphatic system. This therapy consists of a manual massage, performed by a lymphatic drainage therapist. A lymphatic drainage massage primarily focuses on specific lymph nodes and points of the body, as well as the natural flow of the lymphatic system.

90 min session .....R385

### **FAR SAUNA BLANKET**

35 Minute session .....R150-00 per session

10 X Sessions.....R1200

## **b** BODY WRAP

Parafango is a powerful restorative body mask, which stimulates the Lymphatic flow of the body to draw toxins out from the fat cells. Due to an increase in body temperature, the body is toned and it helps firm the skin.

Body wrap .....R300

## **b** MANICURE AND PEDICURE

### **Hands- Manicure**

Colour Paint or French Paint .....R100

Classic Manicure .....R165

Paraffin Wax Moisturising Treatment.....R 80

Specialised Manicure with Paraffin Wax .....R190

### **Feet- Pedicure**

Colour overlay .....R165

Paraffin wax moisturising treatment.....R80

Classic Pedicure.....R195

Pedicure with colour/Clear Gel Overlay .....R280

Specialised Pedicure with Paraffin Wax.....R275

MEDIHEAL Pedicure .....R240

### **MANICURE & PEDICURE COMBINATION TREATMENT**

Paraffin wax treatment – Hands and feet are covered with enriching creams and then dipped in paraffin wax. Experience

deep moisturising of the skin, softening of the cuticles and a satin feel to your hands and feet.

Classic Combination (90min).....	R330
Specialised Combination (120min).....	R390

## **b** NAILS BY JODINE

Nails – Acrylic/Gel .....	R280-R300
Fillings – Acrylic/Gel .....	R160-R200
Cutex .....	R80
Repair .....	R60
Soak .....	R50
Buff .....	R50

## WAXING

### Female Waxing

Arms .....	R85
Bikini .....	R85
Brazilian .....	R110
Chin .....	R65
Eyebrows.....	R55
Full Bikini - “Hollywood” .....	R140
Legs including Bikini Line.....	R180
Legs ½ - from knee to ankle.....	R110
Legs ¾ - a hand above knee to ankle .....	R140
Lip .....	R55
Underarms.....	R75

### Male Waxing

Get rid of unwanted hair — waxing beats shaving with longer lasting results.

Arms .....	R120
Chest or Back .....	R180
Full Legs .....	R220 – R275
Legs ½ - from knee to ankle.....	R170
Legs ¾ - a hand above knee to ankle .....	R200



## EYES

Eyebrow & Eyelash Tint .....	R90
Eyebrow Shape .....	R55
Eyebrow Shape and Tint .....	R70
Eyelash Tint .....	R60
Eyelash Tint & Eyebrow Shape .....	R100
Eyelash & Eyebrow Tint and Eyebrow Shape .....	R130
Lash Extensions .....	R450
Lash Extension Fill.....	R150-R300

## MAKE-UP

Make-up – Special Occasion .....	R250
Bridal – Trial and on your Wedding day.....	R350

## PERMANENT MAKE-UP ..... POR

## TANNING

### Selftan Application

Spray tanning is the new UV-free tanning service offered in South Africa, which is quick to apply, safe and healthy. Tanning solution is sprayed onto the client, containing an approved ingredient called DHA. The end result is a beautiful golden bronze tan that fully develops within 8 hours. The tan will last on average 7 days depending on the skin type and post-tan maintenance and care.

Full Body Session .....	R240
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### Tan Can – Sun Bed

Single session .....	R35
Tan Can Sessions (10 x 15 min) .....	R300

# *Aesthetic Medical Packages*

## **FACE**

- Botox & Soft Tissue Fillers to minimise expression lines and wrinkles
- Anti-aging cellular Bio-stimulation Facial Mesotherapy
- Peels and /or Skin Abrasion for Photo damage, pigmentation and scarring
- Palomar Non-Ablative Erbium Fractional laser – Surgical Scars, Traumatic Scars, Malasma & Photodamage.
- Facial vein removal with Pallomar IPL or Nd JAG laser
- IPL Pallomar Starlux intense light Laser treatments for Permanent Hair removal
- Photo skin rejuvenation for Pigmented lesions
- Fractional skin tightening – Infra Red Deep skin heating.

## **BODY**

- Sclerotherapy vein treatment
- Body vein removal with Pallomar IPL or Nd JAG laser
- Body Mesotherapy
- Dermaroller Stretch mark treatment
- Palomar Non-Ablative Erbium Fractional laser – Surgical Scars, Traumatic Scars & Stretch marks
- Ultrashape Non-invasive liposuction fat removal
- Cellulite Body Contouring with Silhouette treatments
- Liposlim Medical weight-loss programme
- Lipolysis – fat dissolve injections

## **BODY R'S**

- RESHAPE – Ultra shape
- REDUCE – Medical Liposlim Weight loss programme
- REDUCTION – Silhouette Cellulite treatment

## **BEAUTIFYING PAKAGES**

- ENHANCE the way you look
- TIP 2 TOE experience
- EVERLASTING radiance

## **RELAXING**

- SENSATIONAL celebration
- ROMANTIC Couple treat

## **ULTIMATE TREAT FOR BRIDES**

## **MATRIC FAREWELL**

*other treatments other treatments*



## *Healthy Ageing Medicine*

### **NIMUE BIOSCIENCE**

Nimue NAD+ contains a unique anti-oxidant complex which assists in scavenging free radicals, providing added protection against oxidative damage and inflammation. This powerful combination of ingredients help in the liver's biotransformation and biotransformation process. Detoxification has become more important than ever before in ridding the body of numerous endogenous toxins found in modern day lifestyles. nimueN.A.D+ offers the exciting possibility of enhanced generation of energy in the cells of the body to promote healthy longevity.

### **STEMENHANCE**

Stimulates the natural release of stem cells by the bone marrow, helping the body to heal itself.

### **GLYCOBALANCE**

Glyconutrients are needed for optimum cell function and communication. Glycobalance - the sugars that heal for optimum cell health.

For more information consult our resident doctor.

*other treatments other treatments*

## *Stockists of...*

NIMUE SKIN TECHNOLOGY

LAMELLE

NEOSTRATA

LYCOGEL

SKIN ACTIVE

HELIOCARE

ELICINA SNAIL SERUM

TRIND HAND & NAIL CARE

KRYOLAN

NIMUE BIOSCIENCE

STEMENHANCE

GLYCOBALANCE

## *Information*

### **THERAPISTS**

All therapists are internationally qualified



CIDESCO



### **GIFT VOUCHERS**

GREAT GIFTS

REFER A FRIEND – G.V.

### **POLICIES**

Appointments cancelled 24 hours in advance will not be charged for. Please arrive 5 minutes prior to your appointment – this will ensure that you enjoy the benefit of your full treatment time.

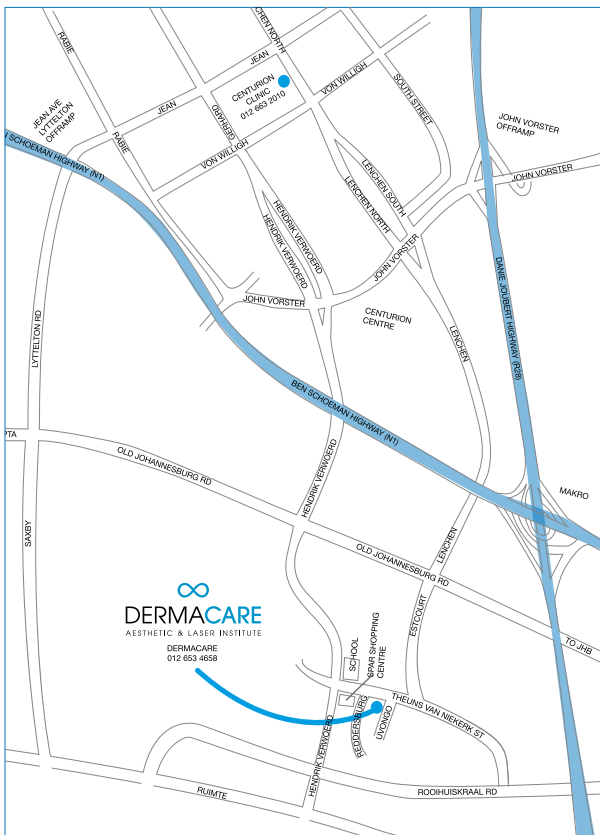
*other treatments other treatments*

## CONVENIENT BUSINESS HOURS

6 DAYS A WEEK

Monday: ..... 08:00 – 18:00  
Tuesday – Friday: ..... 08:00 – 18:00  
Saturday: ..... 08:00 – 15:00

Closed on Public Holidays and Sundays



**Derma Care Aesthetic & Laser Institute**

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**GPS: 12° 57' 0" N, 100° 53' 50" E**

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Website: [www.dermacare.co.za](http://www.dermacare.co.za)